

# WHY STEAM CLEANING HAS BECOME POPULAR AGAIN

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Though steam cleaning is no recent technology, the onset of the worldwide COVID-19 pandemic saw it become a highly sought after form of cleaning.

The sudden demand for industrial steam cleaning units created a huge shortage worldwide, with suppliers struggling to meet this high demand. Simply put, steam cleaning is known for effectively cleaning and disinfecting surfaces.

Steam cleaning is an efficient and environmentally friendly alternative to traditional methods involving mops, buckets, detergents and automated scrubbers. As such, it is fast becoming the preferred method for keeping facilities dirt and grime free.

## Some of the benefits of this forgone cleaning method:

### 1. Non-toxic

Steam cleaning kills 99.99% of bacteria and does not require the use of toxic and potentially harmful chemicals such as bleach or ammonia. Only heat and water are used, resulting in surfaces being free from chemical residue and dirt. While cleaning, it also leaves surfaces disinfected.

### 2. Child and pet-friendly

The non-toxic nature of steam cleaning makes your home a much safer environment for children and pets.

### 3. Allergies

People with allergies and asthma will benefit significantly from steam cleaning as it only requires water and heat to create an all-natural steam that removes dirt and grime from any non-heat sensitive surface. Therefore, it will not aggravate allergy symptoms or cause respiratory issues.

### 4. Cost effective

Apart from the obvious health benefits, steam cleaning can save you a lot of money over the long term. Over and above the initial purchase, the only costs incurred for steam cleaning are for the water and electricity used. In comparison to the repeated costs of purchasing detergents, cleaners and other products used throughout a facility, steam cleaning has proven to be cost effective.

### 5. Mould removal

Once mould starts growing, particularly in the bathroom, it can produce harmful and deadly mycotoxins that can lead to a host of health ailments. Most chemicals do not kill mould. Instead, they turn the mould white, making it blend in with the surface. The hot temperature used in steam cleaning kills the mould, while the bristles of the various attachments used can remove it from the cracks and hard-to-reach spots altogether.

## How does pressurised steam work as an everyday cleaner?

When steam is forced onto a surface, the small vapour molecules penetrate the pores in the surface. The vapour molecules quickly and powerfully expand to force out all dirt, grease, detergents, bacteria, and any particles that do not belong on the surface. A bonus is the elevated temperature of the vapour molecules, which kills bacteria and other pathogens like mold, fleas, flea eggs, and dust mites. The result is a surface that is sanitised, deodorised, and hypoallergenic. You can clean everything with a steam cleaner. However, do not use a steam cleaner on paper products or unsealed hardwood floors!

### The following surfaces can easily be cleaned without harsh chemicals:

- Tile floors
- Sealed hardwood floors
- Laminated flooring
- Linoleum
- Grout
- Ovens
- Stove tops
- Windows
- Mirrors
- Pet areas
- Carpets
- Gymnasiums and training equipment
- Grills
- Sinks
- Bathtubs
- Shower floors
- Fridges
- Freezers
- Toilet bowls
- Children's toys
- Mattresses
- Blinds (non-fabric)
- Car wheel rims
- Upholstery
- Car interiors
- Pillows
- Comforters